



Read about our new Book *(see back for details)*

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2 DAY PRECEPTORSHIP COURSE FOR HEART ATTACK, STROKE AND DIABETES PREVENTION

Presented by: Bradley Bale, MD and
Amy Doneen, MSN, ARNP,
co-founders of the Bale/Doneen Method

February 22-23, 2013

Las Vegas

May 17-18, 2013

Washington, DC

November 8-9, 2013

Nashville

For questions, please call Zoann @ 509 435-6521
or email zattwood@baledoneen.com



Bradley F. Bale, MD



Amy L. Doneen, MSN, ARNP

"Throw out what you learned in medical school and start over with the Bale/Doneen Method. A must for every primary care physician."

—Bryan Glick, DO, Founding Physician at
N1 Health of Scottsdale, AZ

"I do believe that [Bradley Bale and Amy Doneen] harbor the secret for treating patients with cardiovascular disease."

—Melissa Walton-Shirley, MD, Kentucky,
cardiologist, TJ Sampson Community Hospital

"The Bale/Doneen Method is truly unique. It is a comprehensive strategy that allows me to treat the individual patient and prevent their heart attack or stroke because I am able to identify the root cause of their disease and correctly treat it."

—David Wright, MD, TN, The Wright Clinic

Bradley Bale, MD and Amy Doneen, ARNP
are pleased to announce their new book:

Beat the Heart Attack Gene

(John Wiley & Sons, Inc., forthcoming in 2013)

Heart attacks and ischemic strokes are preventable, but it takes more than medicine's current standard of care. It takes the optimal, personalized care of the Bale/Doneen Method, which is so effective that we offer our patients a written, money-back guarantee.

Our new book discusses:

- The hidden cause of 70 percent of heart attacks.
- Medical detective work that can catch arterial disease early
- The dangerous cholesterol most doctors don't check
- Why gum disease is a red flag to heart attack and stroke risk
- The gene that boosts cardiovascular risk as much as smoking
- The best and worst supplements for your heart
- How heart attacks really happen—and 10 surprising ways to prevent them

Beat the Heart Attack Gene will be published in 2013 with a national media campaign.

New book in 2013!

